Date	working hours																								working hours			rest time hours		rest time hours	
	00 - 01 hrs	01 - 02 hrs	02 - 03 hrs	03 - 04 hrs	04 - 05 hrs	05 - 06 hrs	06 - 07 hrs	07 - 08 hrs	08 - 09 hrs	09 - 10 hrs	10 - 11 hrs	11 - 12 hrs	12 - 13 hrs	13 - 14 hrs	14 - 15 hrs	15 - 16 hrs	16 - 17 hrs	17 - 18 hrs	18 - 19 hrs	19 - 20 hrs	20 - 21 hrs	21 - 22 hrs	22 - 23 hrs	23 - 24 hrs	regular working hours	real working hours	overtime hours	minimum rest time within any 24 h period ≥ 10 h ?	minimum rest time within any 7 day period ≥ 77 h ?	Biggest continuous rest period within any 24 h period ≥ 6 h ?	Sum of first and second largest rest period within any 24 h period ≥ 10 h ?
last 7 days of previouis month							x x	x x	x x	x x	x x	x x							x x	x x	x x	x x	x x	x x							
							x x	x x	x x	x x	x x	x x								x x	x x	x x	x x	x x							
								x x	x x	x x	x x	x x									x x	x x	x x	x x							
							x x	x x	x x	x x	x x								x x	x x	x x	x x	x x	x x							
							x x	x x	x x	x x	x x	x x							x x	x x	x x	x x	x x	x x							
							x x	x x	x x	x x	x x									x x	x x	x x	x x	x x							
							x x	x x	x x	x x	x x										x x	x x	x x	x x							
1							x x	x x	x x	x x	x x	x x							x x	x x	x x	x x	x x	x x	8	12,0	4,0	12,0	92,0	6,0	9,0
2	x x			x x	x x		x x	x x	x x	x x	x x	x x									x x	x x	x x	x x	8	13,0	5,0	9,0	89,0	3,0	6,0
3						x x	x x	x x	x x	x x	x x	x x	x x							x x	x x	x x	x x	x x	8	13,0	5,0	11,0	85,0	5,0	8,5
4					x x	x x	x x	x x	x x	x x	x x								x x	x x	x x	x x	x x	x x	8	13,0	5,0	10,0	83,0	4,0	8,0
5						x x	x x	x x	x x	x x	x x							x x	x x	x x	x x	x x	x x		0	12,0	12,0	11,0	82,0	5,0	8,5
6		x x	x x	x x			x x	x x	x x	x x	x x	x x								x x	x x	x x	x x	x x	0	13,0	13,0	10,0	80,0	3,0	5,5
7						x x	x x	x x	x x	x x	x x	x x	x x	x x							x x	x x	x x	x x	0	13,0	13,0	10,0	77,0	5,0	7,5
8								x x	x x	x x	x x								x x	x x	x x	x x	x x	x x	8	9,0	1,0	11,0	79,0	6,0	8,5
9					x x		x x	x x	x x	x x	x x	x x							x x	x x	x x	x x	x x	x x	8	13,0	5,0	11,0	82,0	3,0	6,0
10							x x	x x	x x	x x	x x	x x							x x	x x	x x	x x			8	10,0	2,0	11,0	82,0	6,0	8,0
11												x x								x x	x x	x x	x x	x x	8	6,0	-2,0	14,0	85,0	6,0	10,0
12									x x	x x	x x	x x								x x	x x	x x	x x	x x	8	9,0	1,0	15,0	92,0	7,0	11,5
13					x x	x x	x x	x x	x x	x x	x x	x x							x x	x x	x x	x x			0	12,0	12,0	10,0	94,0	4,0	7,5
14		x x	x x	x x			x x	x x	x x	x x	x x	x x								x x	x x	x x	x x	x x	0	13,0	13,0	10,0	94,0	3,0	6,0
15					x x	x x									x x	x x	x x		x x	x x	x x	x x	x x	x x	8	11,0	3,0	11,0	94,0	6,5	10,0
16	x x								x x	x x	x x	x x		x x	x x	x x			x x	x x	x x	x x			8	13,0	5,0	9,0	93,0	6,5	8,0
17						x x	x x	x x	x x	x x	x x	x x							x x	x x	x x	x x	x x	x x	8	13,0	5,0	9,0	91,0	4,5	8,0
18						x x	x x	x x	x x	x x	x x	x x							x x	x x	x x	x x	x x	x x	8	13,0	5,0	11,0	84,0	5,0	8,0
19	x x			x x	x x		x x	x x	x x	x x	x x	x x							x x	x x	x x	x x			8	13,0	5,0	9,0	79,0	3,0	6,0
20			x x	x x		x x	x x	x x	x x	x x	x x	x x									x x	x x	x x	x x	0	13,0	13,0	10,0	79,0	3,0	6,0
21									x x	x x	x x	x x								x x	x x	x x	x x	x x	0	6,0	6,0	11,0	79,0	8,0	9,0
22							x x	x x	x x	x x	x x	x x	x x	x x					x x	x x	x x	x x	x x		8	12,0	4,0	11,0	81,0	6,0	9,5
23							x x	x x	x x	x x	x x										x x	x x	x x	x x	8	8,0	0,0	12,0	84,0	5,0	8,5
24							x x	x x	x x	x x	x x										x x	x x	x x	x x	8	8,0	0,0	16,0	90,0	6,0	11,0
25																					x x	x x	x x	x x	8	4,0	-4,0	16,0	95,0	10,0	13,0
26			x x	x x	x x		x x		x x	x x	x x	x x	x x						x x	x x	x x	x x	x x	x x	8	13,0	5,0	11,0	104,0	4,0	8,0
27	x x						x x	x x	x x	x x	x x	x x	x x						x x	x x	x x	x x	x x	x x	0	13,0	13,0	10,0	103,0	5,0	7,5
28			x x	x x	x x		x x	x x	x x	x x	x x	x x								x x	x x	x x	x x	x x	0	13,0	13,0	9,0	97,0	3,0	6,0
29				x x	x x		x x	x x	x x	x x	x x	x x	x x							x x	x x	x x	x x	x x	8	13,0	5,0	11,0	96,0	3,0	6,0
30																									8	0,0	-8,0	11,0	96,0	6,0	8,0
31																									8	0,0	-8,0	24,0	104,0	24,0	24,0
please mark periods of work/watch with "x"																									total	327,0	151,0			These columns are not being printed	